



## Naka Products

### Arnica Cream: Available in 100 ml

#### Product benefits by category:

- GOLD** Athletic Performance, **Body Care & Topical Use**, Injuries.
- BRONZE** Arthritis & Joint Care, Mood.

#### Don't let muscular pain affect your active lifestyle!

Naka's Arnica Cream is used by sports enthusiasts to relax muscles and relieve muscular pain. It activates blood circulation and produces a comfortable feeling of deep warmth. Less is more with this product - all you need is a dab the size of a pea to provide relief from muscle strain, bruising and inflammations due to over use or arthritis. Arnica speeds healing and reduces inflammation; the essential oils are relaxing, restorative and have fast results. It is recommended to use Arnica Cream before training and competitions as an excellent preventative against strains. If you use too much of this product it may over-stimulate and cause itching as it draws blood flow to area, so be sure to use as recommended.

#### Directions:

Apply an adequate amount of cream to the skin and massage thoroughly. Athletes can massage the cream onto the legs, shoulders, chest and back before training and competitions to help prevent strains.

#### Ingredients:

Arnica extract, St. John's Wort oil, essential oils from peppermint, rosemary, lavender, wintergreen and camphor. The base of vegetable fats and oils is gentle to the skin and ensures a perfect absorption of the active ingredients.



### Veino-Vital (Bein-Gel): Available in 100 ml

#### Product benefits by category:

- GOLD** Body Care & Topical Use, **Varicose Veins**.
- SILVER** Fatigue & Low Energy.
- BRONZE** Anti-aging, Athletic Performance, Mood.

#### No one likes to suffer with varicose Veins!

Veino-Vital is the perfect choice for refreshing and revitalizing tired, aching legs, plus helping with varicose vein problems. This super leg care tonic features effective herbal extracts. Veino-Vital is excellent for varicose Veins and can help to reduce their visibility. Athletes can use it to promote circulation and relax muscles for better performance. It is also very effective for anyone who stands or sits all day such as in a retail environment which can take a toll on your legs. Try it after a day at the store and feel more refreshed. All you need is a small amount massaged into your legs - a light and easily absorbed gel.



#### Directions:

Massage your legs lightly with Veino-Vital leg gel once or twice daily. Repeat the treatment as needed.

#### Ingredients:

Veino-Vital contains in a fat-free base, plant extracts of hazel bark, horse chestnut seed, arnica flowers, camphor, menthol, oils of lemon and lavender.