Naka Products

**Pro Men Plus:** Available in 60 Caps & 150 Caps

Product benefits by category:
- **GOLD** Men’s Health (Prostate).
- **BRONZE** Detoxification, Essential Fatty Acids, Mood, Vitamins & Minerals.

Are prostate problems causing night-time waking? Try Naka’s Pro Men Plus, a carefully blended herbal formula designed to maintain healthy bladder, kidney and prostate function in men. Saw Palmetto has been extensively researched and has been found to have specific benefits for the prostate gland. In addition, both Pumpkin Seed Extract and Stinging Nettle have long been used in the promotion of a healthy prostate. When combined with Cranberry Extract, Small Flowered Willow, Gravel Root and Pygeum, these ingredients constitute a superior formula for the promotion of a healthy and active lifestyle.

**Ingredients:**
- Each gelatin capsule contains .......................... 525 mg
- Saw Palmetto extract (45%) .................................. 130 mg
- Saw Palmetto powder (12%) .............................. 95 mg
- Cranberry extract, Small Flowered Willow, Stinging Nettle, Gravel root, Pygeum extract and Pumpkin Seed extract.

**Directions:**
Take 1 capsule three times daily with each meal or as directed by a professional.

**Coral Calcium - Marine Grade from Okinawa, Japan:** Available in 90 Caps & 180 Caps

Product benefits by category:
- **GOLD** General Prevention.
- **SILVER** Anti-aging, Heart Health, Mood, Vitamins & Minerals.
- **BRONZE** Arthritis & Joint Care, Athletic Performance, Detoxification, Digestion Aid, Fatigue & Low Energy, Hair, Skin & Nails, Injuries, Memory, Weight Management, Women’s Health.

Harvested from the seabed, never from live Coral!
Naka brand of Coral Calcium is unique and contains not only Magnesium and Vitamin D, but we also included Silica and Betain HCl for optimum absorption. Only Naka brand Coral Calcium with 73 minerals is of the highest marine grade quality from Okinawa, Japan with added Magnesium and Vitamin D for superior absorption and effectiveness. Natural, organic marine grade coral calcium from Okinawa, Japan is the highest quality, most effective form of calcium on the market due to its essential mineral balance and purity, so important for absorption and balance. Studies show this highly absorbable, non-constipating form of calcium can also help restore pH balance. It’s alkalizing, bioavailable and ionized, non-GMO, 100% pure source from Okinawa, Japan!

**Medicinal ingredients:**
- Each capsule contains:
  - Calcium (Calcium carbonate* ) .......................... 225 mg
  - Magnesium (Magnesium Oxide) .......................... 125 mg
  - Vitamin D (Cholecalciferol) (133 IU) .................. 3.33 mcg
- *Derived from 650 mg of Coral Calcium.

**Non-medicinal ingredients:** Betaine hydrochloride, silicon dioxide, gelatin (capsule shell - bovine sourced). Contains no dairy products, starch, corn, nuts, soya, eggs, wheat or yeast.

**Recommended purpose or use:** Helps in the development and maintenance of bones and teeth.

**Recommended Dose:** (Adults) Take 2-3 capsules daily.

**Direction of use:** Take a few hours before or after taking other medications.

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