



Naka Products

Fibre & Weight Balance: Available in 135 Caps

Product benefits by category:

- GOLD** Digestion Aid, General Prevention, **Weight Management**.
- SILVER** Anti-aging, Blood Sugar, Detoxification, Women's Health.
- BRONZE** Athletic Performance.

Naka's exciting Fibre & Weight Balance is specially formulated to enhance your fibre intake and help with the digestion and breaking down of food. This all-natural product features ingredients: such as Glucomannan, Apple Pectin, Apple Cider Vinegar and Bromelain, which can help to curb the appetite and promote weight loss, plus control cholesterol. Help keep your body's digestive system and weight in balance with Fibre & Weight Balance today.

Directions:

Take 3 capsules 3 times daily 1/2 hour before a meal with a glass of water.



YOU ASKED...

“Can Fibre & Weight Balance be used with other supplements & weight loss products?”

Yes, but they should be taken one hour apart.

Ingredients:

Each 720 mg gelatin capsule contains:

Medicinal ingredients:

Glucomannan (amorphophallus konjac)370 mg
Apple Pectin100 mg
Bromelain (ananas comosus).....50 mg

Non-medicinal ingredients:

Apple cider, vinegar (200 mg), magnesium stearate and gelatin capsule. Contains no artificial preservatives, colours, dairy, sweeteners, starch, wheat or yeast.

Fibre & Weight Balance is the ideal aid for the following problems...

- Bloating
- Constipation
- **Sugar cravings/blood sugar problems**
- Rarely feel full when eating
- Anyone who has lymphatic congestion, indicated by the double chin and a puffy look. (This congestion is generally caused by poor digestion, eliminations and lack of exercise, which causes inflammation as toxins build up in the body.)
- Autointoxication caused by fermented food undigested in the intestines that could make a person feel drunk.