



Naka Products

Glucosamine plus MSM 500/500: Available in 90 Caps & 180 Caps

Product benefits by category:

- GOLD** Arthritis & Joint Care.
- SILVER** Anti-aging, Athletic Performance, Hair, Skin & Nails.
- BRONZE** Detoxification, General Prevention, Osteoporosis.



Recommended use: Helps to relieve joint pain associated with osteoarthritis.
Recommended Dose: (Adults of 19 years and older) Take three (3) capsules daily.
Direction for use: Take with food. Avoid taking at bedtime.
Duration of use: Use for a minimum of one month to see beneficial effects.

Glucosamine plus MSM is a synergistic blend of two important substances that can help relieve back pain, muscle pain, headache, arthritis and athletic injuries.

Medicinal Ingredients: Each capsule contains:
 Glucosamine Sulfate..... 500 mg (Glucosamine sulfate potassium chloride from the exoskeleton of crab or shrimp)
 MSM (Methylsulfonylmethane)..... 500 mg
Non-medicinal ingredients: Magnesium stearate, gelatin (capsule ingredient). Contains no artificial preservatives, colours, gluten, corn, nuts, eggs, dairy, sweeteners, starch, wheat or yeast.

Cautions and warnings:

- Consult a health care practitioner prior to use if you are pregnant or breastfeeding.
- Consult a health care practitioner if symptoms worsen.

Known adverse reactions: Some people may experience mild gastrointestinal bloating, constipation or indigestion.

L-Theanine with Green Tea 100/100: Available in 90 Caps

Product benefits by category:

- GOLD** Mood.
- SILVER** Anti-aging, Antioxidant, Athletic Performance, General Prevention, Memory, Weight Management.
- BRONZE** Fatigue & Low Energy, Heart Health, PMS.

Derived from Glutamic Acid and Green Tea std at 95% polyphenols - caffeine free!

Reduce stress with the sensational L-Theanine & Green Tea stress solution! Promote tranquility, relaxation and a restful sleep with this naturally non-drowsy formulation. Enhance mood, lower stress, improve learning ability and performance, plus increase mental focus and concentration! L-Theanine is a safe and fantastic product that improves brain function while decreasing anxiety. It's perfect for the student or busy executive who wants to think clearly and reduce stress safely. It can provide helpful relief for phobias like the fear of flying. Up-sell with weight loss and quit smoking products.



Recommended use: Source of antioxidants for the maintenance of good health. Helps to temporarily promote relaxation.
Recommended dose: (Adults) Take 2 capsules daily with food.

Medicinal ingredients: Each capsule contains:
 L-Theanine (from glutamic acid).....100 mg
 Green Tea (Camellia sinensis) Leaves Extract.....100 mg [Catechins 80%, Caffeine 1%]
Non-medicinal ingredients: Magnesium Stearate, Gelatin (Bovine sourced, BSE Free, Halal certified capsule. Contains no added artificial preservatives, sweetener, colours, corn, nuts, eggs, dairy, wheat, yeast or animal products.

Warnings:

- Consult a health care practitioner prior to use if you have a liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice).
- Consult a health care practitioner prior to use if you have an iron deficiency.
- Consult a health care practitioner prior to use if you are pregnant or breastfeeding.