



## Naka Products

### Grape Seed Extract: Available in 60 Caps

**Product benefits by category:**

- GOLD** Antioxidant.
- SILVER** General Prevention.
- BRONZE** Anti-aging, Athletic Performance.



As one of nature's most potent antioxidants Grape Seed Extract helps reduce and prevent free radical damage in the body. Its antioxidant properties are believed to help slow the aging process and reduce the risk of degenerative diseases. Grape Seed extract contains gallic ester, the most potent free-radical scavenger. Health professionals recommend it as an important anti-aging supplement.

**Directions:**

As a dietary supplement, take 2 capsules per day or as directed by a professional. Contains no artificial preservatives, colours, dairy, sweeteners, starch, wheat or yeast.

**Ingredients:**

Each gelatin capsule contains:  
 Grape Seed extract..... 60mg  
 (95% Proanthocyanidins)

Grape Seed extract is an excellent source of proanthocyanidin complexes or PCO's.

**Excipients:**

Rice Flour Powder and vegetable based Magnesium Stearate.

### Leg Massage Gel: Available in 142 g (5 FL oz)

**Product benefits by category:**

- GOLD** Body Care & Topical Use, **Varicose Veins.**
- SILVER** Fatigue & Low Energy.
- BRONZE** Anti-aging, Athletic Performance, Mood.

**No one likes to suffer with varicose veins!**

Leg Massage Gel is the perfect choice for refreshing and revitalizing tired, aching legs, plus helping with varicose vein problems. This super leg care tonic features effective herbal extracts. Leg Massage Gel is excellent for varicose veins and can help to reduce their visibility. Athletes can use it to promote circulation and relax muscles for better performance. It is also very effective for anyone who stands or sits all day such as in a retail environment which can take a toll on your legs. Try it after a day at the store and feel more refreshed. All you need is a small amount massaged into your legs - a light and easily absorbed gel.



**Recommended use or purpose:**

Traditionally used as an astringent to relieve symptoms of damaged veins (varicose veins), bruises and localized inflamed swellings.

**Recommended dose:** (Adults) Apply to affected area(s) as needed.

**Medicinal ingredients:**

Witch Hazel Ext. (Hamamelis virginiana), leaves and bark..... 10%

**Non-medicinal ingredients:** Horse chestnut seed extract 8% (aesculus hippocastanum), camphor, water, polysorbate 20, arnica flower extract (arnica montana), lemon peel oil (citrus medica limonum), lavender oil (lavandula angustifolia), menthol, allantoin, glucose, glycerin, fragrance, alcohol, carbomer.

**Cautions and warnings:** If symptoms persist or worsen consult a health care practitioner.

**Contraindications:**

- Do not use if you are pregnant or breast-feeding.
- Do not ingest witch hazel water, which is for topical use only.