



Naka Products

Green Tea: Available in 120 Caps 400 mg std 95%



Product benefits by category:

- GOLD** Mood.
- SILVER** Anti-aging, Antioxidant, Athletic Performance, General Prevention, Memory, Weight Management.
- BRONZE** Fatigue & Low Energy, Heart Health, PMS.

Bring home the healing power of Green Tea, an ancient herbal remedy. Green Tea's health benefits are mainly due to its powerful antioxidant nature that has proven to be 100 times more effective than other antioxidants such as Vitamin C. Naka's Green Tea formula standardized with 95% polyphenols without caffeine for superior antioxidant performance. Studies indicate it is the interaction between the polyphenols and the caffeine that reduces body fat specifically from the abdominal area.

Recommended use: Source of antioxidants for the maintenance of good health.

Recommended Adult Dosage: Take with food, one (1) capsule two times daily.

Duration of Use: Consult a health care practitioner for use beyond 12 weeks.

Medicinal ingredients: Each capsule contains:

Green Tea (*Camellia sinensis*) Leaf Extract400 mg
 (Polyphenols 95%, Total Catechins 80%, Caffeine 1%)

Non-medicinal ingredients: Magnesium Stearate, Gelatin (capsule ingredient).

Precautions: Consult a health care practitioner prior to use if you have a liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice). Consult a health care practitioner prior to use if you are pregnant or breastfeeding or if you have an iron deficiency.



Green Tea: Available in 110 Caps 400 mg std 50%

Product benefits by category:

- GOLD** Antioxidant, General Prevention, Weight Management.
- SILVER** Anti-aging, Athletic Performance, Fatigue & Low Energy, Immune System.
- BRONZE** Blood Sugar, Heart Health, Men's Health (Prostate), Women's Health.

Bring home the healing power of Green Tea, an ancient herbal remedy. Green Tea's health benefits are mainly due to its powerful antioxidant nature that has proven to be 100 times more effective than other antioxidants such as Vitamin C. Naka's Green Tea standardized with 50% polyphenols which also contains caffeine to support weight loss. Studies indicate it is the interaction between the polyphenols and the caffeine that reduces body fat specifically from the abdominal area.

Recommended use: Used as an adjunct to a weight management program in combination with healthy diet and regular exercise.

Recommended dose: (Adults) Take 2 capsules twice daily with food or as directed by a health care practitioner.

Medicinal ingredients: Each capsule contains:

Green Tea (*Camellia sinensis*) Leaves Extract.....400 mg
 [Polyphenols 50%, EGCG 13.76%, Caffeine 8.39%]

Non-medicinal ingredients: Magnesium Stearate, Gelatin (Bovine sourced, BSE free, Halal certified) capsule. Contains no added artificial preservatives, sweetener, colours, corn, nuts, dairy, starch, wheat, yeast, eggs, fish or shellfish.

Warnings:

- Consult a health care practitioner prior to use if you have a liver disorder or develop symptoms of liver trouble.
- Consult a health care practitioner prior to use if you are pregnant or breastfeeding.

