

## Naka Products

### Milk Thistle Liquid: Available in 330 ml

**Product benefits by category:**

- GOLD** Anti-aging, **Detoxification, Digestion Aid**, Gallbladder, General Prevention, Weight Management, Women's Health.
- SILVER** Athletic Performance, Fatigue & Low Energy, Hair, Skin & Nails, Heart Health
- BRONZE** Antioxidant, Arthritis & Joint Care, Blood Sugar, Essential Fatty Acids, Mood, PMS, Vitamins & Minerals.

**Milk Thistle extract in a base of Sea Buckthorn Berry**

Hubaton's Milk Thistle liquid with the synergy of Sea Buckthorn Berry is a naturally effective supplement to help you detoxify your body, promote long-term liver health and aid digestion. Exclusively imported from Germany, Milk Thistle is the leading liver supplement, stimulating the production of new liver cells to replace damaged ones. Sea Buckthorn Berry helps to support the body's natural healing abilities and reduce inflammation. Milk Thistle is excellent for people who are consuming alcohol, smoking or eating fatty foods. It can also help with weight management.

**Directions:**

Take 1 tablespoon (15 ml), 3 times daily after meals.

**Ingredients:**

One 15 ml tablespoon contains:  
870 mg of extract preparation of milk thistle (Mariendistel) fruits in a non medicinal base of sea buckthorn berry pulp, fructose, potassium sorbate and Vitamin C.



### Milk Thistle Capsules (Mariendistel): Available in 110 Caps bonus size

**Product benefits by category:**

- GOLD** Anti-aging, **Detoxification, Digestion Aid**, Gallbladder, General Prevention, Weight Management, Women's Health.
- SILVER** Athletic Performance, Fatigue & Low Energy, Hair, Skin & Nails, Immune System.
- BRONZE** Antioxidant, Arthritis & Joint Care, PMS.

We live in contaminated times! Virtually every person in an industrial nation needs to detoxify. Toxic indoor & outdoor air quality, air pollutants in the home or office can be higher than outside air pollutions. Most foods on the market contain: pesticides, dyes, wax, and other more serious contaminants. A diet void of fresh, unprocessed organic foods deprives us of many nutrients, a balanced pH and good digestion. Many cancers are believed to be encouraged by the adverse effects of environmental carcinogens, combined with deficiencies in dietary micronutrients; therefore, the proper functioning of our liver's detoxification system is critical. Milk Thistle Capsules can help protect your liver and kidneys, lower cholesterol, assist with skin problems, promote better digestion, elimination and liver regeneration, plus work as an anti-inflammatory and antioxidant.



**Directions:**

Take 1 capsule, 3 times daily before meals, or as directed by your health professional.

**Ingredients:**

Each 750 mg gelatin capsule contains:

**Medicinal ingredients:**

Milk Thistle Extract (std. to 80% silymarin).... 200 mg  
Schizandra Extract (std. to 2% schizandrins) ....60 mg  
Dandelion Root Powder ..... 100mg  
Beet Root Powder ..... 90mg  
Barberry Bark Powder ..... 70 mg

Artichoke Leaf Powder ..... 70 mg  
Bromelain Powder .....50 mg  
Garcinia Powder .....50 mg  
Guggul Extract (std. to 2.5% guggulsterones) ...60 mg

**Non-medicinal ingredients:**

Gelatin capsule, magnesium stearate and rice flour.  
Contains no artificial preservatives, colours, dairy, sweeteners, starch, wheat or yeast.