

## Naka Products



### Multi-Vit-Min: Available in 120 Caps (Vitamin A source is Fish Liver Oil)

#### Product benefits by category:

- GOLD** Anti-aging, Antioxidant, Athletic Performance, Fatigue & Low Energy, General Prevention, **Vitamins & Minerals**, Women's Health.
- SILVER** Arthritis & Joint Care, Hair, Skin & Nails, Injuries, Memory, Mood, PMS, Weight Management.
- BRONZE** Digestion Aid, Osteoporosis.

**Get all of your vitamins, minerals and antioxidants in just one great product! Full spectrum Multi Vitamin and Mineral supplement containing: 50 mg of the B vitamins, Reishi and Shitake Mushrooms, Alpha Lipoic Acid, Proanthocyanidins and Enzymes in an absorbable capsule.**

Naka's premium quality Multi-Vit-Min is a new vitamin and mineral supplement with the added health benefit of antioxidants. Along with vitamins and minerals, antioxidants in medicinal mushrooms can scavenge free-radicals in the body that can cause cell damage and degenerative diseases. Multi-Vit-Min comes in an easy-to-swallow capsule form with no binders or fillers added. Each 120 caps bottle provides a 2 month supply for one adult (2 caps per day).

#### Directions:

For therapeutic adult use only. Take two capsules daily, or as directed by your doctor. Contains no artificial preservatives, colours, dairy, sweeteners, starch, wheat or yeast.

#### Ingredients:

Each gelatin capsule contains:

##### Vitamin

Vitamin A (Acetate) .....	5000 IU
Vitamin D3.....	200 IU
Vitamin E (d-alpha tocopheryl acetate) .....	25 IU
Vitamin C (Calcium ascorbate) .....	75 mg
Vitamin B1 (Thiamine).....	25 mg
Vitamin B2 (Riboflavin).....	25 mg
Niacinamide .....	25 mg
Vitamin B6 (Pyridoxine Hydrochloride).....	25 mg
Vitamin B12.....	25 mcg
Folic Acid.....	0.5 mg
Biotin .....	25 mcg
Pantothenic Acid (Calcium pantothenate).....	25 mg
<b>Lipotropic Factors</b>	
Choline Bitartrate.....	25 mg
Inositol.....	25 mg

##### Minerals

Calcium (Calcium carbonate, gluconate).....	62.5 mg
Magnesium (Magnesium oxide, gluconate).....	50 mg
Potassium (Potassium citrate) .....	5 mg
Iron (Ferrous fumarate).....	5 mg
Zinc (Zinc Citrate).....	5 mg
Manganese (Manganese citrate) .....	0.5 mg
Iodine (Potassium iodide).....	0.05 mg
Chromium (*HVP Chelate) .....	12.5 mcg
Selenium (*HVP Chelate).....	12.5 mcg
Molybdenum(*HVP Chelate).....	12.5 mcg
*HVP= Hydrolyzed Vegetable Protein	

##### Non-medicinal ingredients:

PABA, Citrus Bioflavonoids, Lecithin, Betaine Hydrochloride, Hesperidin, Papain, Rutin, L-Cysteine, Lipoic Acid, Proanthocyanidins, Reishi Mushroom, Shiitake Mushroom Extract and Magnesium Stearate.

