



## Naka Products

### Nutri-C Complex - with Quercetin, Rose Hips & Citrus Bioflavonoids: Available in 500 ml liquid plus a 60 ml sample size

**Product benefits by category:**

- GOLD** Anti-aging, **Antioxidant**, Athletic Performance, Fatigue & Low Energy, General Prevention, Heart Health, **Immune System**, Osteoporosis.
- SILVER** Detoxification, Hair, Skin & Nails, Injuries.
- BRONZE** Arthritis & Joint Care, Mood, Varicose Veins.

Help fight colds and the flu with Naka's liquid Nutri-C Complex. This superior liquid Vitamin C formula has a great tasting natural blueberry flavour and combines the highest quality ingredients for optimum synergy. Vitamin C and bioflavonoids cannot be made in the body and it becomes increasingly difficult to obtain nutrients we need from our diet. Nutri-C Complex is a superior antioxidant plus immune system aid that is also **vegetarian friendly!**

**Directions:**

Shake well before each use. Take with a meal, 1 tablespoon (15 ml) once daily non diluted, or if preferred, mix in 100 ml of water or orange juice. Use the calibrated measuring cap as provided in the package to obtain an accurate dosage.

**The natural blueberry flavour of Nutri-C Complex is great for adding to your sports bottle.**



**Ingredients:**

**Medicinal ingredients:** Per 15 ml tablespoon  
**Vitamins**  
 Vitamin C (Calcium Ascorbate 75%, Ascorbic Acid 25%).....500 mg  
 Quercetin .....100 mg  
 Rose Hips (Rosa Canina) [Whole Fruit]..... 50 mg  
 Citrus Bioflavonoids..... 50 mg  
 Bilberry Fruit Powder (Vaccinium Myrtillus) 50 mg  
**Non-medicinal ingredients:**  
 Water, fructose, potassium sorbate, natural blueberry flavour, alcohol (trace amount from the extraction process). Contains no animal products.



**60 ml sample size also available.**

### Vitamin C - Time Release with Rose Hips & Citrus Bioflavonoids: Available in 30 Tabs & 180 Tabs

**Product benefits by category:**

- GOLD** Hair, Skin & Nails, Fatigue & Low Energy, Antioxidant, Osteoporosis, Immune System, Injuries, Athletic Performance, Anti-aging.
- SILVER** Vitamins & Minerals, General Prevention.
- BRONZE** Arthritis & Joint Care, Varicose Veins.



• **Antioxidant • Colds and flu • Bones, cartilage, teeth**

Naka's Time Release, 1000mg, Vitamin C provides you with all the health benefits of Vitamin C and the added benefits of Rose Hips & Citrus Bioflavonoids. According to the American Botanical Council, Rose Hips is known for its therapeutical uses in the treatment of stomach colds and convulsive cough. Citrus Bioflavonoids, natural substances found in the peels of citrus fruits, possess the properties of a vitamin and are referred to as Vitamin P. They are used as a remedy to help aid colds/flu's and to protect against viral infections.

**Directions:**

Take one tablet daily or as directed by a professional.

**Note:** For therapeutic use only.

**Ingredients:**

**Each tablet contains:**  
 Vitamin C..... 1000 mg  
**Non-medicinal ingredients:**  
 Citrus Bioflavonoids..... 100 mg  
 Rose Hips..... 100 mg  
 Vitamin C is a factor in the normal development and maintenance of bones, cartilage, teeth and gums.