



## Naka Products

### Nutri Collagen: Available in 120 Softgels

**Product benefits by category:**

- GOLD** Anti-aging, Arthritis & Joint Care, Athletic Performance, General Prevention, Hair, Skin & Nails, Weight Management.
- SILVER** Fatigue & Low Energy.
- BRONZE**

Help to regenerate cartilage, maintain healthy joints and bones plus youthful, supple skin with Naka's Nutri Collagen. Do you suffer from arthritis or joint pain? Are you concerned about the deterioration of cartilage and bones as you age? Would you welcome a natural alternative to promote healthy, supple skin? If so, Naka's Nutri Collagen softgels may be the ideal daily supplement to help you stay pain free, active and youthful looking. This advanced formula features Collagen (400 mg) and Bromelain Extract (50 mg) in easy to swallow softgel capsules.

According to recent statistics, close to 5 million Canadians suffer from arthritis, most of them women. A growing number of clinical, laboratory and animal studies indicate that collagen supplements can help regenerate joint cartilage, ease stiffness and pain, and improve joint function in both major types of the disease – osteo- and rheumatoid arthritis.

Just as collagen supplementation can slow or halt the collagen loss from joints, so it appears to improve skin moisture and elasticity. Two recent studies confirm that taking daily collagen supplements improved skin hydration by 28%, reduced wrinkles by 30% and increased skin suppleness by 19%. In all, 91% of women who took the supplements reported improvements in skin hydration levels.

Supplementing with collagen is also vital for bone health. Research verifies that collagen supplementation can slow and stabilize the rate of bone collagen breakdown in humans, and animal research suggests that administering collagen may also improve bone mineral density.

**Recommended Use:**

- Helps to protect against the deterioration of cartilage.
- A factor in maintaining healthy cartilage and/or joint health.

**Recommended Adult Dosage:** Take with food, four (4) softgels per day, two (2) in the morning and two (2) in the evening. Avoid taking at bedtime.

**Medicinal ingredients:**

Each softgel contains:

Collagen .....	400 mg
Bromelain Extract (Bromelia ananas 120:1) .....	50 mg
(Equivalent to 120 GDU)	

**Non-medicinal ingredients:** Safflower Oil, Lecithin, Yellow Beeswax, Gelatin, Glycerin, water.



Collagen is vital to maintaining healthy joints and bones plus youthful, supple skin!

