

**Naka** Products

**Nutri-Flex Capsules: Available in 180 Caps**

**Product benefits by category:**

- GOLD** Arthritis & Joint Care, Athletic Performance, Injuries.
- SILVER** Anti-aging, General Prevention.
- BRONZE** Hair, Skin & Nails, Heart Health, Osteoporosis.

**Designed with travel in mind.**

Nutri-Flex Capsules are the perfect choice to help you combat joint pain while traveling! These easy to swallow capsules feature a powerful herbal blend of natural ingredients to help ease inflammation and pain so that you can keep on the move.

**Recommended purpose or use:** Helps to relieve osteoarthritic pain. Protects against the deterioration of cartilage. Factor in the building of healthy cartilage.

**Recommended dose:** (Adults) Take two (2) capsules three times daily.

**Direction of use:** Take with food. Avoid taking at bedtime.

**Duration of use:** Use for a minimum of four weeks to see beneficial effects. For prolonged use, consult a health care practitioner.

**Medicinal ingredients:** Each capsule contains:

- Glucosamine Sulfate, Sodium Free (Glucosamine Sulfate Potassium Chloride from shellfish exoskeleton)..... 250 mg
- Gelatin (Bovine hide).....180 mg
- MSM (Methylsulfonylmethane).....180 mg
- Turmeric (Curcuma longa) (95% Curcuminoids)
- Root Extract..... 30 mg
- Devil's Claw (5% Harpagosides) Root Extract..... 30 mg
- Bromelain (from stem of Ananas comosus)..... 30 mg

**Non-medicinal ingredients:** Magnesium Stearate, rice starch, gelatin (capsule ingredient). Contains no artificial preservatives, colours, corn, nuts, eggs, dairy, wheat or yeast.

**Warnings:** Do not use if you are allergic to or hypersensitive to pineapples. Consult a health care practitioner

- if you are taking blood thinners or if you have been diagnosed with a bleeding disorder.
- prior to use if you have diabetes.
- if symptoms persist.
- if you develop gastrointestinal symptoms like nausea, diarrhea, headache and allergic dermatitis.

**Contraindications:** Do not use

- if you have shellfish allergies.
- if you are pregnant or breastfeeding.
- if you have stomach ulcers, hypertension and gallstone.
- if you have cross allergenicity with certain herbs.



**Take Nutri-Flex Capsules with you when you travel.**



**Official joint care supplement of the Hockey Hall of Fame**