

Naka Products

Nutri-Flex - Original formula : Available in a 500 ml liquid

Product benefits by category:

- GOLD** Arthritis & Joint Care, Athletic Performance, Injuries.
- SILVER** Anti-aging, General Prevention.
- BRONZE** Hair, Skin & Nails, Heart Health, Osteoporosis.

Arthritis and joint pain? Try Nutri-Flex...the most advanced, absorbable and effective liquid formula on the market! Just a spoonful a day helps keep arthritis and joint pain away.

Nutri-Flex is not just another Glucosamine product. This advanced formula combines **Glucosamine** in a liquid form with **Hydrolyzed Gelatin** to provide an important matrix of nutrients needed to repair and slow down joint degeneration. The Prescription for Nutritional Healing describes Gelatina as rich in 20 amino acids including hydroxyproline, proline and glycine, which are known to strengthen and rebuild joint cartilage. Gelatin is proven to speed muscle recovery time. **MSM** 1000 mg provides 34% organic sulphur as an essential nutrient that is helpful in promoting a major reduction in pain, plus better digestion and detoxification. **Turmeric** and **Devil's Claw** extracts are traditional remedies for reduction in inflammation. **Bromelain** extract from pineapple is a known anti-inflammatory. Nutri-Flex is the original liquid joint care formula and the only official joint care supplement of the Hockey Hall of Fame!

Recommended purpose or use:

- A factor in the building of healthy cartilage.
- Helps to relieve the pain associated with osteoarthritis.

Recommended dose: (Adults) One (1) tablespoon (15 ml) daily.

Direction of use: Shake well before each use. Take one tablespoon (15 ml) daily or mix with half a glass of water or juice. Take with food. Do not drink directly from the bottle.

Duration of use: Use for a minimum of 4 weeks to see beneficial effects.

Medicinal ingredients: Each tablespoon (15 ml) contains:

- Glucosamine Sulfate (Glucosamine sulfate potassium chloride from shellfish exoskeleton).....1500 mg
- Hydrolyzed Gelatin1500mg
- MSM (Methylsulfonylmethane).....1000 mg
- Turmeric (*Curcuma longa*) Rhizome [95% curcuminoids].... 150 mg
- Devil's Claw (*Harpagophytum procumbens*) Root <secondary tubers> [5% harpagosides] 150 mg
- Bromelain (from stem of *Ananas comosus*) [96 GDU] 160 mg

Non-medicinal ingredients: Filtered Water, Stevia, Natural Lemon Concentrate, Potassium Sorbate. Contains no dairy, starch, gluten, corn, nuts, soya, eggs, wheat or yeast.

Cautions and warnings:

- Consult a health care practitioner prior to use if you are pregnant or breastfeeding.
- Consult a health care practitioner if symptoms persist or worsen.

Known adverse reactions: Herbs may cause temporary adverse effects such as nausea, vomiting and GI distress.



Official joint care supplement of the Hockey Hall of Fame



Please see the booklet "The key to Natural Arthritis Treatment" for more details.

Nutri-Flex can be helpful with:

- Arthritis and joint pain
- Inflammatory problems
- All types of back pain
- Athletes (they have a higher incidence of joint problems)