



Naka Products

Nutri-Flex with Vitamin D: Available in a 500 ml liquid plus a Mini 8 Pack with 60 ml bottles

Product benefits by category:

- GOLD** Arthritis & Joint Care, Athletic Performance, Injuries.
- SILVER** Anti-aging, General Prevention, Men's Health, Vitamins & Minerals, Women's Health.
- BRONZE** Hair, Skin & Nails, Heart Health, Osteoporosis.

Help relieve arthritis and joint pain plus get additional health benefits with this new liquid Nutri-Flex!

This exceptional NEW liquid Nutri-Flex is in addition to our original Nutri-Flex line of products. There are 3 ingredient differences: The first is that the glucosamine in the original liquid formula is the sulfate form, but this Nutri-Flex "with Vitamin D" features **Glucosamine Hydrochloride** with higher concentrations of glucosamine promoting greater absorption.

Second is the addition of **Boswellia Extract** 150 mg, also known as frankincense, which is helpful with pain, arthritis, gout, low back pain, myositis and fibromyalgia. Last but not least, this liquid Nutri-Flex includes 1000 IU of **Vitamin D** which is clinically proven to assist with joint health. Studies also suggest that Vitamin D can help to prevent major breast, colon and ovarian diseases.

Nutri-Flex is the official joint care supplement of the Hockey Hall of Fame and perfect for anyone playing sports! Take just one 15 ml tablespoon a day.

Recommended purpose or use:

- A factor in the building of healthy cartilage.
- Helps in the development and maintenance of bones.
- Helps in the absorption and use of calcium and phosphorus.
- Helps to relieve the pain associated with osteoarthritis.

Recommended dose: (Adults) One (1) tablespoon (15 ml) daily.

Direction of use: Shake well before each use. Take one tablespoon (15 ml) daily or mix with half a glass of water or juice. Take with food. Do not drink directly from the bottle.

Duration of use: Use for a minimum of 4 weeks to see beneficial effects.

Medicinal ingredients:

Each tablespoon (15 ml) contains:
 Glucosamine Hydrochloride (Glucosamine Hydrochloride from shellfish exoskeleton)..... 1500 mg
 Vitamin D3 (Cholecalciferol) [1000 IU].....25 µg
 MSM (Methylsulfonylmethane)..... 1000 mg
 Turmeric (*Curcuma longa*) Rhizome [95% curcuminoids].....150 mg
 Devil's Claw (*Harpagophytum procumbens*) Root <secondary tubers> [5% harpagosides].....150 mg
 Bromelain (from stem of *Ananas comosus*) [96 GDU]160 mg
 Boswellia (*Boswellia serrata*) [Oleo gum resin][65% Boswellic acid] ..150 mg

Non-medicinal ingredients: Filtered Water, Hydrolyzed Gelatin (1500 mg), Stevia, Natural Lemon Concentrate, Potassium Sorbate. Contains no dairy, starch, gluten, corn, nuts, soya, eggs, wheat or yeast.

Cautions and warnings:

- Consult a health care practitioner prior to use if you have heart disease or are taking antiarrhythmic medication and/or blood thinners or if you have a history of gallstones or if you have biliary tract obstructions and/or stomach ulcers.
- Consult a health care practitioner prior to use if you are diabetic.
- Consult a health care practitioner if symptoms persist or worsen.
- Discontinue if you experience prolonged gastrointestinal discomfort.

Contraindications:

- Do not use if you have gastric or duodenal ulcers.
- Do not use if you are pregnant or breastfeeding.

Known adverse reactions: Herbs may cause temporary adverse effects such as nausea, vomiting and GI distress.



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Nutri-Flex Mini 8 Pack is the perfect travel companion. Get eight 60 ml bottles in one convenient package!