



Naka Products

Nutri MULTI for Men: Available in 900 ml liquid plus a 60 ml sample size

Product benefits by category:

- GOLD** Anti-aging, Antioxidant, Athletic Performance, Fatigue & Low Energy, General Prevention, **Men's Health (Prostate)**, Mood, **Vitamins & Minerals**.
- SILVER** Arthritis & Joint Care, Blood Sugar, Digestion Aid, Detoxification, Hair, Skin & Nails, Heart Health, Immune System, Injuries, Memory, Weight Management.
- BRONZE** Osteoporosis.

Get all of your vitamins, minerals and antioxidants in just one great product!

Naka's premium quality Nutri MULTI for Men is the latest innovation in liquid vitamin and mineral supplements and it features the added health benefit of antioxidants.

Full spectrum Multi Vitamin and Mineral supplement containing:

Lycopene a powerful antioxidant helps prevent prostate cancer and some other cancers plus heart disease.

Amla helpful with liver, eyes, skin, hair, nails, stomach, bones and teeth. It's high in Vitamin C.

Stinging Nettle a very nutritious herb containing protein, calcium, iron, magnesium, beta carotene Vitamins A, C, D, and B complex and in highly absorbable forms. Useful for allergies and removing uric acid.

Siberian Ginseng an adaptogen, balancing vital energy and vitality. It can help to treat respiratory infections.

Saw Palmetto most commonly used with urinary tract infections and prostate problems.

Recommended purpose or use: Vitamin-Mineral supplement for the maintenance of good health.

Recommended dose: (Adult men) Two tablespoons (30 ml) once daily.

Direction of Use: Take with a meal in 100 ml of water or orange juice. Use the calibrated measuring cap provided in the package to obtain an accurate dosage. Shake well before each use. Take a few hours before or after taking other medications. Do not drink directly from the bottle.

Medicinal ingredients: Per 30 ml (Two 15 ml tablespoons)

Vitamins	
Vitamin A (Palmitate) [2500 IU]	750 µg RAE
Beta carotene [5000 IU]	750 µg RAE
Vitamin D3 (Cholecalciferol) [400 IU]	10 µg
Vitamin E (d-alpha tocopherol) [100 IU]	45 mg AT
Vitamin C (Calcium ascorbate)	500 mg
Vitamin B1 (Thiamine hydrochloride)	25 mg
Vitamin B2 (Riboflavin)	25 mg
Niacinamide	25 mg
Vitamin B6 (Pyridoxine hydrochloride)	25 mg
Vitamin B12 (Cyanocobalamin)	100 µg
Folate (Folic acid)	500 µg
Biotin	100 µg
Pantothenic acid (Calcium pantothenate)	25 mg
Lipotropic Factors	
Choline (Bitartrate)	50 mg
Inositol	50 mg
Minerals	
Calcium (Gluconate, Citrate, Ascorbate, Pantothenate)	112.5 mg
Magnesium (Gluconate)	45 mg
Zinc (Citrate dihydrate)	25 mg
Iodine (Potassium iodide)	75 µg
Manganese (Citrate)	2 mg
Silica (Silicon dioxide)	10 mg
Potassium (Citrate monohydrate)	50 mg
Chromium (Chloride)	200 µg
Selenium (Sodium selenite)	200 µg
Molybdenum (Sodium molybdate)	25 µg
Copper (Sulfate pentahydrate)	1500 µg
Vanadium (Sodium metavanadate)	50 µg
Boron (Borax)	2 mg
Other ingredients:	
PABA (Para Amino Benzoic Acid)	12.5 mg
Betaine Hydrochloride	12.5 mg



60 ml sample size also available.

Quercetin	50 mg
Aloe (Aloe Vera) [Dried leaf latex] extract	
[Extract 4:1; equivalent to 200 mg of dried crude herb]	50 mg
Papain (from Carica papaya) [30000 IU/mg]	5 mg
Lutein	0.25 mg
Lycopene	0.25 mg
Orange (Citrus aurantium) [Fruit] [27% Bioflavonoids]	50 mg
Grape Extract (Vitis vinifera) [Skin] [20% Proanthocyanidins]	20 mg
Grape Extract (Vitis vinifera) [Seed] [95% Proanthocyanidins]	20 mg
Turmeric (Curcuma longa) [Rhizome] [95% Curcuminoids]	50 mg
Bilberry Powder (Vaccinium myrtillus) [Fruit] extract	
[Extract ratio 120:1; equivalent to 1200 mg dried crude herb]	10 mg
Amla (Phyllanthus emblica) [Fruit] extract	
[Extract ratio 30:1; equivalent to 6000 mg dried crude herb]	200 mg
Ashwagandha (Withania somnifera) [Root] extract	
[Extract ratio 12:1; equivalent to 300 mg dried crude herb]	25 mg
Reishi (Ganoderma lucidum) [Mushroom] extract	
[Extract ratio 8:1; equivalent to 40 mg dried crude herb]	5 mg
Shiitake (Lentinus edodes) [Mushroom] extract	
[Extract ratio 10:1; equivalent to 120 mg dried crude herb]	12 mg
Stinging Nettle (Urtica dioica) [Root] extract	
[Extract ratio 8:1; equivalent to 800 mg dried crude herb]	100 mg
Saw Palmetto (Serenoa repens) [Fruit]	
[45% Total Fatty Acid]	5 mg
Cranberry (Vaccinium macrocarpon) [Fruit]	10 mg
Siberian Ginseng (Eleutherococcus senticosus) [Root] extract	
[Extract ratio 12:1; equivalent to 6000 mg dried crude herb]	500 mg

Non-medicinal ingredients: Purified water, Stevia Extract, Glycerin, Potassium Sorbate, Fructose, Xanthan Gum, Lecithin, natural orange flavouring, vegetable oil, tutti frutti flavour, castor oil. Contains no artificial colour, dairy, starch, wheat, yeast or eggs. Contains no beef or pork products.

Cautions and warnings: Consult a health care practitioner prior to use if you have a history of non-melanoma skin cancer.

Contraindications: Do not use if you are pregnant or breastfeeding.