



## Naka Products

**Nutri MULTI for Women: Available in 900 ml liquid plus a 60 ml sample size**

### Product benefits by category:

- GOLD** Anti-aging, Antioxidant, Athletic Performance, Digestion Aid, Fatigue & Low Energy, General Prevention, Mood, **Vitamins & Minerals, Women's Health.**
- SILVER** Arthritis & Joint Care, Blood Sugar, Detoxification, Essential Fatty Acids, Gallbladder, Hair, Skin & Nails, Heart Health, Immune System, Injuries, Memory, Osteoporosis, PMS, Varicose Veins, Weight Management.

**Up to 98% bioavailable vs. 20-40% for tablets and capsules** (as per the Physician's Desk Reference).

#### Bone Health:

1000 mg of Vitamin D providing protection and a more appropriate dosage.

Cal/Mag 250 mg each 1-1 ratio elemental, from Coral & Oxide.

Boron 2 mg important in the formation of bones.

Silica 10 mg important in the absorption of calcium.

#### Digestion:

Betaine Hydrochloride - most North Americans have poor digestion.

Papain from papaya, proteolytic enzyme.

Aloe Vera healing, high in nutrients and amino acids.

#### EFA's:

Blackcurrant Oil 200 mg the most bioavailable EFA, approx. ALA 26 mg, GLA 34 mg, Omega 9 - 18 mg, Stearidonic acid 5 mg.

#### Bladder:

Cranberry 10 mg for everyday protection.

#### Hormonal:

Vitamin B6 50 mg Extra hormone forming Bs for natural balance.

D-Panthenol 100 mg.

Vitamin B12 1000 mg anti-stress.

**Herbal Antioxidants: 98% absorption rate for full range protection from free radicals and early aging.**



**60 ml sample size also available.**

### Directions:

This product is for use by adult women only. Shake well before each use. Take with a meal, 2 tablespoons (30 ml) once daily. Use the calibrated measuring cap as provided in the package to obtain an accurate dosage.

### Ingredients:

#### Medicinal ingredients: Per 30 ml (Two 15 ml tablespoons)

##### Vitamins

Vitamin A (Palmitate).....	5000 IU (2750 µg)
Vitamin D3 .....	1000 IU (25 µg)
Vitamin C (Ascorbate).....	500 mg
Vitamin B1 (Thiamine Hydrochloride).....	25 mg
Vitamin B2 (Riboflavin).....	25 mg
Niacin (Niacinamide).....	25 mg
Vitamin B6 (Pyridoxine Hydrochloride).....	50 mg
Vitamin B12 .....	100 µg
Folic Acid.....	1000 µg
Biotin .....	150 µg
Vitamin E (Mixed Tocopherols).....	100 IU
Pantothenic Acid .....	100 mg

##### Lipotropic factors

Choline (Bitartrate).....	50 mg
Inositol .....	50 mg

##### Minerals

Calcium (Citrate, Gluconate).....	125 mg
Magnesium (Gluconate).....	50 mg
Zinc (Citrate).....	10 mg
Iodine (Potassium) .....	300 µg
Manganese (Citrate).....	2 mg
Silica (Silicon Dioxide) .....	10 mg
Potassium (Citrate).....	25 mg
Chromium (Chloride).....	200 µg
Selenium (Sodium Selenite) .....	200 µg

Molybdenum (Sodium Molybdate).....	25 µg
Copper (Sulfate).....	15 mg
Vanadium (Sodium Metavanadate).....	50 µg
Boron (Sodium Borate).....	2 mg

#### Other ingredients:

PABA (Para Amino Benzoic Acid) .....	12.5 mg
Betaine Hydrochloride.....	12.5 mg
Quercetin .....	50 mg
Papain (Carica Papaya) .....	5 mg
Lutein.....	200 µg
Lecithin.....	20 mg
Blackcurrant Oil .....	200 mg
Aloe (Aloe Vera).....	50 mg
Citrus Bioflavonoids (1:5) .....	25 mg
Reishi Mushroom (Ganoderma Lucidum) (1:4) .....	20 mg
Shiitake Mushroom (Lentinus Edodes) (1:4) .....	12 mg
Maitake Mushroom (Grifola Frondosa) (1:4) .....	10 mg
Grape Seed Powder (Vitis Vinifera) (1:2) .....	20 mg
Turmeric (Curcuma Longa) (1:3) .....	50 mg
Rosemary (Rosmarinus Officinalis) (1:4).....	10 mg
Cranberry (Vaccinium Macrocarpon) (1:4) .....	10 mg
Bilberry Fruit Powder (1:4) .....	10 mg

**Non-medicinal ingredients:** Purified water, stevia, glycerin, potassium sorbate, fructose, xanthan gum, natural orange flavoring. Contains no beef or pork products.