Naka Products

Nutri OMEGA-3 Pure: Available in 150 enteric coated softgels

Product benefits by category:

**GOLD**  

**SILVER**  
Blood Sugar, Digestion Aid, Men's Health (Prostrate), Osteoporosis, PMS.

**BRONZE**  
Detoxification, Gallbladder, Varicose Veins.

Ultra pure/Pharmaceutical grade Nutri OMEGA-3 Pure softgels

Sourced from Norway, Naka’s Nutri OMEGA-3 Pure features enteric coated softgels that have been thoroughly tested for purity and freshness. These softgels are easy to swallow with no fishy repeat or odour. Trust Nutri OMEGA-3 Pure softgels to provide your daily source of omega-3 fatty acids to help maintain good cardiovascular and cognitive health. They may also help to reduce the pain associated with rheumatoid arthritis in adults.

Recommended purpose or use:

- Source of omega-3 fatty acids for the maintenance of good health.
- Helps support the development of the brain, eyes and nerves in children up to 12 years of age.
- Helps cognitive health and brain function.
- Helps maintain cardiovascular health, reduce serum triglycerides and promote healthy mood balance.
- In conjunction with conventional therapy, helps to reduce the pain of rheumatoid arthritis in adults.

Recommended dose:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Softgels per Day</th>
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<tbody>
<tr>
<td>Children 1 - 8 years</td>
<td>1 - 2 softgels</td>
</tr>
<tr>
<td>Adolescents 9 - 13 years</td>
<td>1 - 3 softgels</td>
</tr>
<tr>
<td>Adolescents 14 - 18 years</td>
<td>1 - 2 softgels</td>
</tr>
<tr>
<td>Adults ≥ 19 years</td>
<td>1 - 2 softgels</td>
</tr>
<tr>
<td>Adults ≥ 19 years (For rheumatoid arthritis)</td>
<td>1 - 5 softgels</td>
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</tbody>
</table>

Medicinal ingredients: Each softgel contains:
- Fish oil — molecularly distilled from anchovy, sardine and mackerel (fish body source – non liver, non farmed, deepwater harvest) ................................................................. 1000 mg
- EPA (Eicosapentaenoic Acid) ................................................................. 400 mg
- DHA (Docosahexaenoic Acid) ................................................................. 200 mg

Non-medicinal ingredients: Gelatin (softgel shell – bovine sourced), Vitamin E, glycerin, water, enteric coating. Contains no artificial flavours, colours, dairy products, eggs, corn, nuts, soy, starch, wheat or yeast.

*This product has been independently tested and ensured to be free from heavy metals, dioxins, pesticides and PCBs. Furthermore, the peroxide value (a measure of freshness) has also been tested for compliance.