

Naka Products

SiliceaPLUS Vit-Min: Available in 60 softgels

Product benefits by category:

- GOLD** Anti-aging, General Prevention, Hair, Skin & Nails, Osteoporosis.
- SILVER** Heart Health.
- BRONZE** Detoxification, Digestion Aid, Immune System, Injuries, Mood, Vitamins & Minerals.

For over 50 years, people around the world have trusted the Silicea family of products to help them enjoy beautiful, healthy hair, smoother looking skin and stronger nails. Now you can get all that plus the added benefits of essential vitamins and minerals in new SiliceaPLUS Vit-Min!

This great product comes in a convenient softgel format that makes it perfect to take with you while traveling. Not only can this great formula help to boost your outer beauty but the addition of Calcium and Magnesium can now provide even greater support to help you build healthy bones. Also, it now features Vitamin D, which studies suggest can help to prevent major breast, colon and ovarian diseases.

SiliceaPLUS Vit-Min softgels contain the following ingredients for your better health... **Silicon, Calcium, Magnesium, Biotin and Vitamin D.**

Recommended Use:

- Silicon is a factor in the maintenance of good health.
- Biotin and Magnesium help the body to metabolize carbohydrates, fats and proteins.
- Vitamin D, Calcium and Magnesium help in the development and maintenance of bones and teeth.
- Magnesium helps in tissue formation and to maintain proper muscle function.
- Calcium intake, when combined with Vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis.

Recommended Adult Dosage: Take one softgel two times per day on an empty stomach a few hours before or after taking other medication.

Medicinal ingredients:

Each softgel contains:

Elemental Calcium (from Calcium Citrate).....	41 mg
Elemental Silicon (from Silicon Dioxide).....	40.6 mg
Elemental Magnesium (from Magnesium Citrate).....	21.3 mg
Biotin	250 mcg
Vitamin D (from Cholecalciferol).....	8.325 mcg

Non-medicinal ingredients: Safflower Oil, Lecithin, Yellow Beeswax, Gelatin, Glycerin, Water. Contains no dairy, starch, wheat, yeast, corn, nuts, gluten or eggs.



Perfect to take with you when traveling

