



Naka Products

Uric Cleanse: Available in 60 Caps

Product benefits by category:

- GOLD** Arthritis & Joint Care.
- SILVER** Detoxification.
- BRONZE** Antioxidant.



A build-up of uric acid in the body can contribute towards the painful symptoms of gout. The active ingredients in this specialized herbal formula can help cleanse uric acid from the body, aid digestion to help ease and prevent gout, rheumatism, arthritis and other joint pain. The formula contains Parsley, a rich source of Vitamin C. It's often used as an effective diuretic, helping the body to get rid of excess water. It's also used as a cleansing, digestive aid. Both anti-rheumatic and anti-inflammatory Celery Seed is included in the formula to aid digestion. Rich in dietary fibre, Fenugreek aids constipation. It's active ingredients (steroidal saponins) account for many of its beneficial effects, including lowering cholesterol. Dandelion is slightly laxative, as it helps stimulate digestion to ease constipation and indigestion and aids the liver by increasing bile flow to help cleanse the body. Bromelain is an enzyme derived from pineapple juice that is a powerful anti-inflammatory and protein-digesting enzyme.

Directions:

Take 1 capsule three times daily with each meal or as directed by a professional. Contains no artificial preservatives, colours, dairy, sweeteners, starch, wheat or yeast.

Ingredients:

Each gelatin capsule contains approx. 500 mg of the following herbs:

Parsley Seed extract, Celery Seed extract, Fenugreek Seed extract, Dandelion Root extract, Bromelain, Fungal Protease, Magnesium Stearate.

Gelatina: Available in 500 mg (Bovine Source)

Product benefits by category:

- GOLD** Arthritis & Joint Care, Injuries.
- SILVER** Athletic Performance, General Prevention, Osteoporosis.
- BRONZE** Anti-aging.

Gelatina contains hydrolyzed gelatin powder and is rich in 20 amino acids including hydroxyproline, proline and glycine, which are known to strengthen and rebuild joint cartilage. Clinical studies conducted by Dr. Beuker, director of the Department of Sports Medicine at the University of Dusseldorf, Germany, revealed that supplementing with hydrolyzed gelatin clearly reduces joint pain and symptoms of inflammation in his patients. Another study showed that athletes who were supplementing their diets with hydrolyzed gelatin performed much better under high physical stress. This was mainly attributed to the hydroxyproline and proline amino acids found in hydrolyzed gelatin. Glycine, another component in hydrolyzed gelatin is useful to repair damaged tissue and slow muscle degeneration, as stated in the "Prescription for Nutritional Healing."

Directions:

Add 2 tablespoonsful (12 g) daily or 2 tablespoons full twice a day (24 g) to a half glass of mineral water or fruit juice and mix well before use. Gelatina should be taken over a longer period of time.

Ingredients:

Hydrolyzed gelatin, fructose, citric acid and natural flavours.

